

# Preparing for your ENHERTU intravenous infusion may help your experience.



Not an actual patient.

## Here are some tips to consider before each infusion session:



### ARRANGE TRANSIT

It's hard to predict how you'll feel after an infusion, so make sure you've lined up someone to get you there promptly and get you home safely.



### STAY COMFORTABLE

Wear loose-fitting layers (eg, button-down shirts) that provide easy access and accommodate temperature fluctuations.



### STAY HYDRATED

Bring a refillable water bottle and make sure to drink plenty of water before, during, and after your infusion.



### SNACK SMART

You and others in the infusion center may be sensitive to strong smells and tastes, so stick with snacks that are easy on your nose and your stomach.



### KEEP BUSY

Since the length of each infusion can vary, try to pass the time by reading, listening to music, or doing any other activity that keeps your mind occupied.



### PLAN AHEAD

You may feel tired after your infusions, so consider taking care of important tasks like grocery shopping in the days leading up to each session.

These tips are not intended to take the place of your healthcare team's advice. Always talk to your healthcare provider first. Please [click here for Important Safety Information](#), [click here for full ENHERTU Prescribing Information](#), including **Boxed WARNINGS**, and [click here for Medication Guide](#).

 **ENHERTU**<sup>®</sup>  
fam-trastuzumab deruxtecan-nxki  
20 mg/mL INJECTION FOR INTRAVENOUS USE



## Partnering with your infusion nurse and other healthcare team members can help make the most of each visit

Write down your questions here in advance.

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